



PARENT'S GUIDE

TO KID'S

DENTAL EMERGENCIES

**WHAT TO DO FIRST, WHAT TO
AVOID, AND WHEN TO CALL
THE DENTIST.**



First Step: Stay Calm

Dental emergencies can feel scary, especially when your child is crying or in pain.

Take a breath. Your first job is to keep your child safe, calm, and comfortable.

Then look for:

- Bleeding
- Swelling
- Broken teeth
- Knocked-out teeth
- Pain level
- Trouble breathing or swallowing
- Signs of injury to the head or face

When in doubt, call your child's dentist for guidance.



The Tooth Shop™

When It Is An Emergency

Call a dentist right away if your child has:

- Facial swelling
- Severe tooth pain
- A knocked-out adult tooth
- A broken or cracked tooth
- Bleeding that will not stop
- A dental injury from a fall or hit
- A pimple-like bump on the gums
- Fever with tooth pain
- Pain that is getting worse

If your child has trouble breathing, trouble swallowing, swelling near the eye, or a serious head injury, seek emergency medical care immediately.



Toothache

Tooth pain can come from cavities, food stuck between teeth, trauma, infection, loose baby teeth, or gum irritation.

What to do:

- Rinse with warm water
- Gently floss around the tooth
- Use a cold compress
- Use child-safe pain relief as directed
- Call if pain continues or worsens

Do not place aspirin on the gums. Pain may improve temporarily, but the cause may still need treatment.



Swelling Or Possible Infection

Swelling should never be ignored. It may appear in the gums, cheek, jaw, or face.

Call a dentist right away if you notice:

- Facial swelling
- Gum swelling
- Fever
- Bad taste or drainage
- A bump on the gums
- Pain with swelling

If swelling affects breathing, swallowing, the eye area, or your child seems very sick, go to urgent emergency medical care.



Broken, Chipped, Or Cracked Tooth

Kids fall, play, jump, run, and bump their mouths.

If a tooth breaks:

- Rinse the mouth gently
- Save any tooth pieces
- Apply a cold compress
- Call the dentist
- Avoid chewing on that side

Even a small chip should be checked, especially if your child has pain, sensitivity, or a sharp edge.



Knocked-Out Baby Tooth

If a baby tooth is knocked out, do not put it back in. Replanting a baby tooth can damage the developing adult tooth underneath.

What to do:

- Find the tooth if possible
- Rinse your child's mouth gently
- Apply gentle pressure for bleeding
- Call the dentist
- Watch for swelling, pain, or changes

The dentist can check the area and make sure the adult tooth is protected.



**Do not
re-insert
baby teeth**

Knocked-Out Adult Tooth

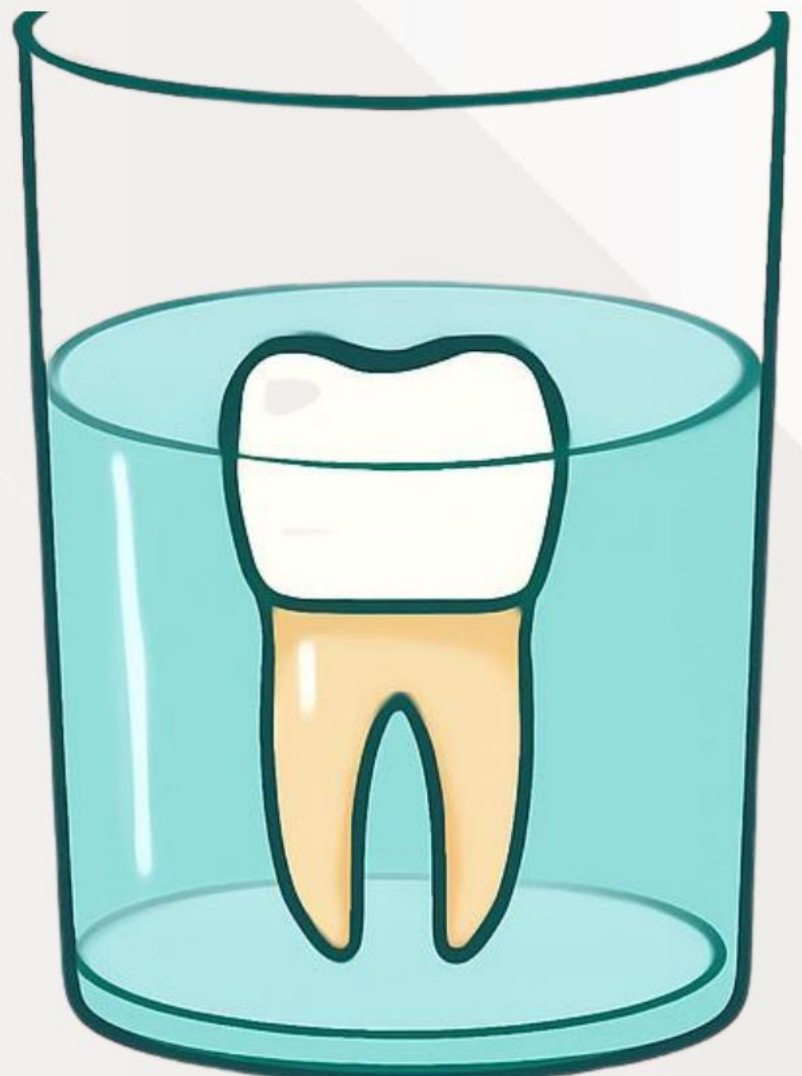
A knocked-out adult tooth is urgent.

What to do:

- Find the tooth quickly
- Hold it by the crown, not the root
- Do not scrub it
- Keep it moist
- Call the dentist immediately

If your child is old enough and it is safe, the tooth may be placed back in the socket. If not, store it in milk or an appropriate tooth-saving solution and get dental help right away.

Time matters.



Bitten Lip, Tongue, Or Cheek

Mouth cuts can bleed a lot, even when the injury is small.

What to do:

- Rinse gently with water
- Apply clean gauze or cloth
- Use gentle pressure
- Apply a cold compress
- Watch for swelling

Call if bleeding does not stop, the cut is deep, the bite goes through the lip, or your child may need stitches.



Dental Injuries From Sports Or Falls

A hit to the mouth should be taken seriously.

Call the dentist if your child has:

- A loose tooth
- Tooth pain after impact
- A tooth pushed out of place
- A chipped or cracked tooth
- Bleeding around the gums
- A tooth that changes color later

Even if the tooth looks okay, the root or nerve may have been injured.



What Not To Do

In a dental emergency, avoid quick fixes that may cause more problems.

Do not:

- Put aspirin on gums
- Ignore swelling
- Reinsert a baby tooth
- Scrub a knocked-out adult tooth
- Wait days with severe pain
- Use heat on facial swelling
- Let your child chew on a broken tooth
- Assume baby teeth do not matter

When something feels off, it is always okay to call.



How The Tooth Shop Helps In An Emergency

At The Tooth Shop, we help parents understand what is happening and what needs to happen next.

Schedule your child's appointment today.

480-525-7110



Why Families Love The Tooth Shop

Families choose The Tooth Shop because we focus on:

- Honest recommendations
- Clear communication
- Long-term oral health
- Child-friendly care
- Helping parents feel informed and confident

We're here to help families understand their options without pressure or confusion.



Meet Dr. Perkins

Dr. Jaron Beau Perkins, DMD, is a Pediatric Dental Specialist focused on creating a calm, positive experience for children and families. He earned his degree in Exercise and Wellness from Arizona State University, attended Case Western Reserve University School of Dental Medicine, and completed his pediatric dental residency at Rainbow Babies & Children's Hospital in Cleveland, Ohio. Over the past 13 years, Dr. Perkins has practiced in rural and underserved communities in Pennsylvania and Prescott, AZ, treating complex pediatric cases and severe decay. These experiences shaped his compassionate, creative approach to care. He is a member of the AAPD and AAFE.

 The Tooth Shop™



"My goal is to help every child feel safe, understood, and confident at the dentist while building healthy habits that last a lifetime."

Jaron Perkins, DMD

Save This Guide Before You Need It



The Tooth
Shop™

Dental emergencies are stressful, but you do not have to figure them out alone.

If your child has tooth pain, swelling, trauma, or a broken tooth, call The Tooth Shop for guidance.

(480) 427-0531

Book Appointment

- ✓ Kid-friendly environment
- ✓ Experienced with anxious children
- ✓ Judgment-free care
- ✓ Focused on long-term health
- ✓ Serving families in Gilbert, AZ